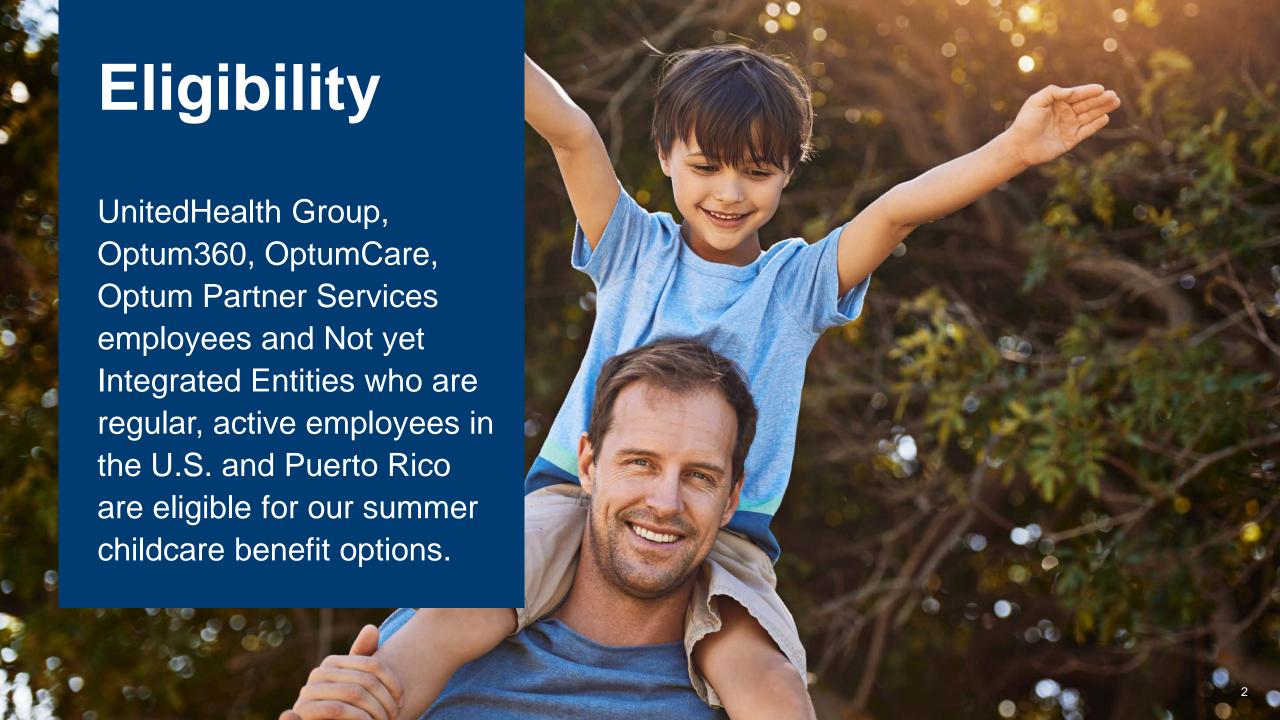
#### **UNITED HEALTH GROUP**



## Summer Child Care Options

**June 2020** 



#### Summer Child Care Resources



#### **Dedicated WorkLife Advisors**

Equipped to help you find affordable child care options in your community that meet your needs



#### **Summer Camps**

In 14 metro areas offered by Bright Horizons and YMCA



#### 15 Days of Low Cost Backup Care

In-home and center-based care to use between June 1 and end of year



#### **Exclusive Discounts**

On nanny placement and hourly rates; sitter and nanny search/job posting tools



#### **Employee Care Connect**

Virtual message board to match those in UHG community with care needs to those with care resources



And more!

#### **Summer Child Care Resources**

A new web page dedicated to child care resources



#### welcome.uhg.com/summer

Site is live and information is being added as it becomes available!



#### Resources for Summer Child Care\*

Summer's here...or will be soon! We know your regular care options and camps may not be available this year, so we've put together several resources to help you meet your summer child care needs.

#### Summer Camps

We're working with our trusted partners, Bright Horizons and the YMCA, to offer jam-packed, fun-filled camps for children of United Health Group employees. Campers will enjoy hands-on crafts, activities and special events, all meeting CDC safety protocols. Check out the options below — space is limited so sign up soon.

#### Bright Horizon's Summer Explorations Programs

Led by experienced teachers for todolers, preschoolers and schoolegers (ages very at each location), each week is a different theme featuring engaging projects/scitivities that's both fun and educational. These earnings are exclusively for UnitedHealth Group employees and the company is subsidizing the cost, so you gay a discounted rate of \$20 a day/\$100 a week for one child or \$35 a day/\$175 a week per family.

Bright Horizona compa will be evallable in the following metro areas

Carlabad, CA.

#### Need help navigating summer child care options?

Let the Optum WorkLife Advisors do the legwork for you. These appeality trained professionals can help you find care options in your community. They have access to resources not evallable to the general gublic and can help you navigate company-provided discounts and find affordable care that meets your family's needs and budget.

# EAP WorkLife Advisors

#### **EAP WorkLife Advisors**

EAP dedicated WorkLife Advisors will do the legwork for you. They have been trained on the UHG exclusive summer camp opportunities and discounts and they can help you understand and navigate the backup care benefit. They will:



Complete a needs assessment



Research care options

based on your needs

(including calling the centers to see if there is availability)



Present care options in your community that work within your budget

#### How do I Access this Benefit?

Team members can speak to a WorkLife Advisor by calling the Optum Employee Assistance Program at 866-781-6396.



- 1 Listen to prompts, "If you are a UnitedHealth Group Employee, or dependent, press or say 3."
- 2 Then, "For childcare resources, press or say 1".

EAP calls are answered 24/7, but the WorkLife team, through EAP, is available 8 a.m. to 8 p.m. CT Monday – Friday.

Calls outside of these hours would generate a referral and the team will call the member back at their preferred time.

## UHG Summer Camps

#### **Summer Camp Locations**

We are partnering with **Bright Horizons** and **YMCA** to offer Summer Camps in the following areas:



#### **Bright Horizons**

Cost \$100 a week/\$175 family

- Carlsbad, CA
- Dallas, TX
- Glastonbury, CT

- Houston, TX
- King of Prussia, PA
- Madison, NJ

- Phoenix, AZ
- Plano, TX
- Schaumburg, IL



#### **YMCA**

**Tuition Varies: Average is \$200 a week** 

- Duluth, MN
- Greensboro, NC
- Houston, TX
- Kansas City, MO

- Miami, FL
- San Antonio, TX
- St. Louis, MO
- Tampa, FL

Twin Cities, MN

# Bright Horizons Summer Camps

#### **Enhanced Health & Safety Protocols**



All Bright Horizons® centers follow special COVID-19 health and safety protocols which are developed based on guidance from the CDC, direction from state and local public authorities and in partnership with Dr. Kristin Moffitt, a pediatric infectious disease specialist at Boston Children's Hospital.

#### **Protocols include:**



#### **Enhanced Operating Protocols**

- Nonessential visitors are not permitted to enter
- Posted health notice restricting entry
- Drop-offs/pick-ups are restricted to the lobby or outside the center
- Reduced class sizes, determined with reference to local guidance
- Consistent groupings in separate classrooms
- Outdoor time limited to one group at a time, with limited back-toback use of the play area



#### **Enhanced health and Hygiene Protocols**

- Daily temperature and health check conducted on arrival
- Social distancing is practiced as much as possible
- Bright Horizons staff wear face masks/coverings. Children are not required to wear masks
- Frequent cleaning and disinfecting of high-touch surfaces, toys, and laundered items
- Enhanced COVID-19 exclusion policy restricting access in the event of a suspected or known exposure

#### Overview



#### **Broad Age Ranges Served**

Focused on preschool and school age with some camps serving younger age groups. Camps are broken out by age level groups



#### **Engaging Themes and Stimulating Activities**

Age appropriate and incorporate children's interests



#### **Focus on Safety**

Enhanced health and safety protocols, licensed programs, and staff trained for summer camp



#### **Adaptive Formats**

Smaller group sizes, virtual enrichments, flexible scheduling options

**Theme-Based Programs** 



#### **Engaging summer activities**

**Full STEM Ahead.** Focuses on researching and building a space station, egg drop challenge, building catapults and a robotic arm.

**Living Green** explored water filtering, cleaning oil spills, turning recycled materials into robots, upcycling design ideas, making a wind-powered car.

**STRIDE Week** focuses on the Bright Horizon's Movement Matters curriculum and children will receive Stride t-shirts.



#### **Virtual enrichments**

Junior chef \* art studio \* fitness \* yoga



#### Registering for Summer Camp



Access and enroll from the appropriate **Bright Horizons** benefits page.



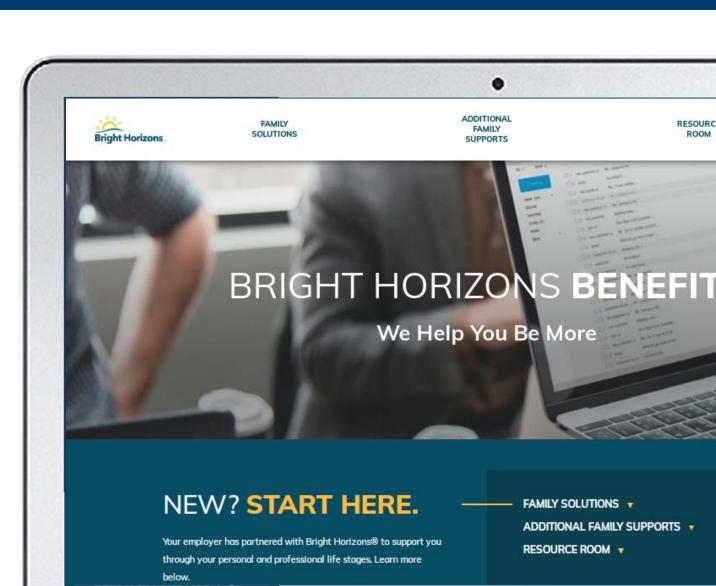
Create a Bright Horizons account to register for Summer Camp and Care through Family Solutions:

- UnitedHealth Group/Optum360 SSO (Single Sign On)
- Optum (includes OCI, OPS and not yet integrated entities)

Username: Optum

Password: Benefits4You

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#### Reserving Summer Camp

### Reserve in three simple ways:



Bright Horizons
Backup Care
App



Bright Horizons
Backup Care
website



Dedicated Summer Program phone line

- Employees have unlimited access to Summer Program 'camps' from June 15 – Aug. 7 (Register Now)
  - Dallas, TX will open June 29 Aug. 21 (reservations open June 22)
- Program themes are designed for week long participation – reservations should be made for a full week.
- Camp reservations can be made 30 days in advance\*
- Co-pays of \$20/child per day (\$100 a week) and \$35/family per day (\$175 a week)

#### **Camp Details**

Center	Ages Served	Camp Dates	Registration Opens
Dallas, TX (Plaza of the Americas)	2 years – 12 years	June 29 – Aug. 21	June 22
Plano, TX (Legacy)	3 years – 12 years	June 15 – Aug. 7	June 4
Houston, TX (HeartsHome)	16 months – 5 years	June 15 – Aug. 7	June 4
Phoenix, AZ (Downtown Phoenix)	3 years – 12 years	June 15 – Aug. 7	June 4
Glastonbury, CT (Village Place)	3 years - 12 years	June 15 – Aug. 7	June 4
Madison, NJ (Giralda Farms)	3 years – 12 years	June 15 – Aug. 7	June 4
King of Prussia, PA	3 years - 12 years	June 15 – Aug. 7	June 4
Schaumburg, IL	3 years – 12 years	June 15 – Aug. 7	June 4
Carlsbad, CA (Aspirations)	3 years – 12 years	June 15 – Aug. 7	June 4

## YMCA Summer Camps

#### **COVID-19 Safety Measures**

Many of the regional YMCAs have been providing child care to first responders, healthcare workers, and other essential employees throughout the COVID-19 pandemic so are well-versed with working in a COVID-19 environment. They have developed best practices and are adhering to community and state guidelines. Safety measures include:

- Mandatory hygiene and cleaning breaks
- Daily temperature checks/wellness checks
- Face coverings for staff
- Small group sessions to increase social distancing
- Reduced guests/visitors

Please visit your local YMCA website for site-specific details.

#### Overview

We have communicated with leaders from the following YMCA regions and confirmed that they are open and offering summer programming. We have also confirmed capacity. Most camps have weekly costs in the \$200/week range and provide activities for children aged 5-12. Additional details, including locations, costs, specialty camp options, and themes, have been gathered and shared with Work Life Advisors.



Tampa
Miami
St. Louis
Kansas City
Duluth
San Antonio
Houston
Greensboro
Twin Cities

#### Discount in Twin Cities, MN



Employees can use any of the 57+ local YMCA summer programs, including day camps, school ages childcare locations, and specialty/themed camps. Offers **flexibility** and **choice** in deciding what works best for you and interests your child the most.



UHG employees will receive \$100 off per child per week to any of the Twin Cities, Minnesota camps of their choosing, which would be applied using the discount code UHG\_2020 at registration.

To explore options, visit:

https://www.ymcamn.org/child\_care\_\_preschool/summer\_programs/

Call Y Customer Service at 612-230-9622 with any questions about programs or registering.

#### **EXAMPLE THEMES\***

- Summer of Superheros
- Full STEAM Ahead
- Let's Get Fit!
- Party in the USA
- Space Invaders
- Splash and Dash
- A Pirate's Life
- Summer Olympic Fever
- Survivor: Mission Impossible
- International Adventures
- Holiday Week
- Junior Naturalists
- Summer Power Rewind

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<sup>\*</sup>Themes may vary by location

#### Working on Discounts in Other Areas



We are in the process of establishing additional discounts in select markets and will share details on the Summer Resources Page. In addition, many YMCA locations offer financial assistance, including scholarships and income-based pricing options.



To find a YMCA camp near you, click on the following link: <a href="https://www.ymca.net/find-your-y/">https://www.ymca.net/find-your-y/</a>

# Bright Horizons Backup Child Care Benefit

#### 15 Days of Backup Care

Backup Care reservations available in three simple ways:



Bright Horizons
Backup Care App



Bright Horizons
Backup Care
website



Bright Horizons Contact Center

- Reservations are accepted 30 days prior to date of care needed up to day of care needed\*
- Center based copays of \$20 per child and \$35 family per day – for ages 12 and under
- In-home based copays of \$6 per hour (4 hour minimum) for up to three dependents
- Backup care bank was reset to 15 days on June 1

# Exclusive Employee Discounts

#### Waived Fees & 40% Discount

Take advantage of waived fees and discounts on College Nannies + Sitters

#### Vetted caregivers, matched to a family's specific needs.



#### **Company Provided Subsidy**

Take advantage of a registration and placement fee (\$595 value) and a 40% discount on the hourly rates for a nanny you select between June 1 and Aug. 31, 2020.



#### **High-Touch Support**

Nanny search begins with a consultation call with local agency, focused on family needs.



#### **Managed Process**

The local nanny agency recruits and vets potential nannies on the family's behalf.

#### Free Premium Membership to Sittercity

Free premium employee membership (\$150 value)

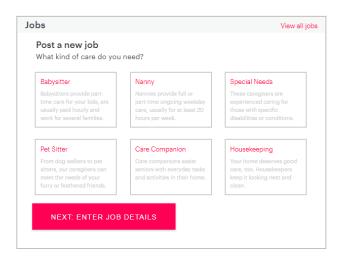
Access to Sittercity's 6+ million sitters, nannies, pet sitters and housekeepers

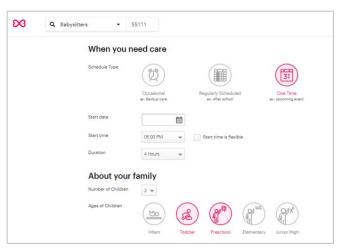
Virtual sitters to engage with children for short periods of time

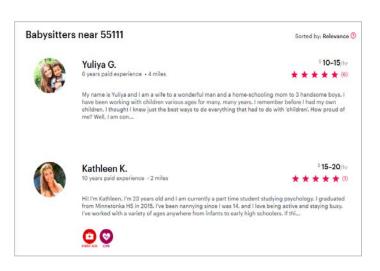
A service trusted by 95% of US neighborhoods

Basic background checks at no-cost, additional background checks available

Easy access and registration to Sittercity through the Bright Horizons benefits page

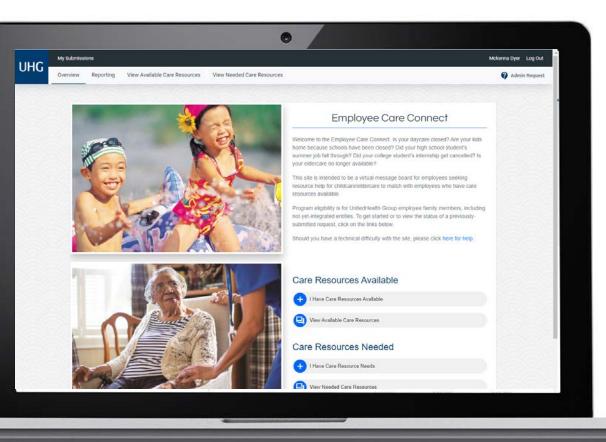






# Employee Care Connect

#### **Employee Care Connect**



Created by employees for employees, Employee Care Connect is a virtual message board to match those within the UnitedHealth Group community who have care needs with those who have care resources.

## Questions?